

### What is it?

A minimally-invasive treatment that uses a laser to promote healing in the inner lining of the vagina. Your doctor can perform this treatment in their office in five minutes.

### Is it what I need?

If you suffer from vaginal or vulvar atrophy, this treatment might be for you. Symptoms of vaginal or vulvar atrophy are:

- Recurrent urinary tract infections
- Recurrent frequent urination
- Recurrent painful urination
- Painful intercourse
- Vaginal dryness
- Decreased urinary tract health

If you've been using hormone treatments for these symptoms and they haven't been working, or if you cannot use hormone treatments, MonaLisa Touch® Therapy is a non-hormonal option.

### How does it work?

The laser stimulates collagen in the layers of the vaginal wall to improve the health of the vaginal tissue.

### How long does it take?

In your doctor's office? Less than ten minutes per treatment. Overall? Three treatments over 18 weeks, one treatment every six weeks.

### What are the after effects?

Virtually nonexistent! You won't take anesthesia, you won't need downtime or rest after, you won't take post-op pain medications. Some patients have reported mild discomfort for a day or two after, but return to full activity by 48 hours.

### Does it hurt?

Some patients have reported discomfort from the insertion of the laser. This treatment is really no different than your annual exam, however. The laser is painless.

### How much does it cost?

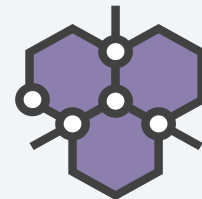
The treatment series costs \$1,500 and cannot be covered by insurance. Springfield Clinic is the exclusive provider of this therapy option in the Springfield area.

**Springfield Clinic's Center for Women's Health**  
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[www.SpringfieldClinic.com/WomensHealth](http://www.SpringfieldClinic.com/WomensHealth)



3 treatments less than  
10 minutes each



Non-hormonal



Minimal side effects



Thousands of women  
successfully treated  
since 2012