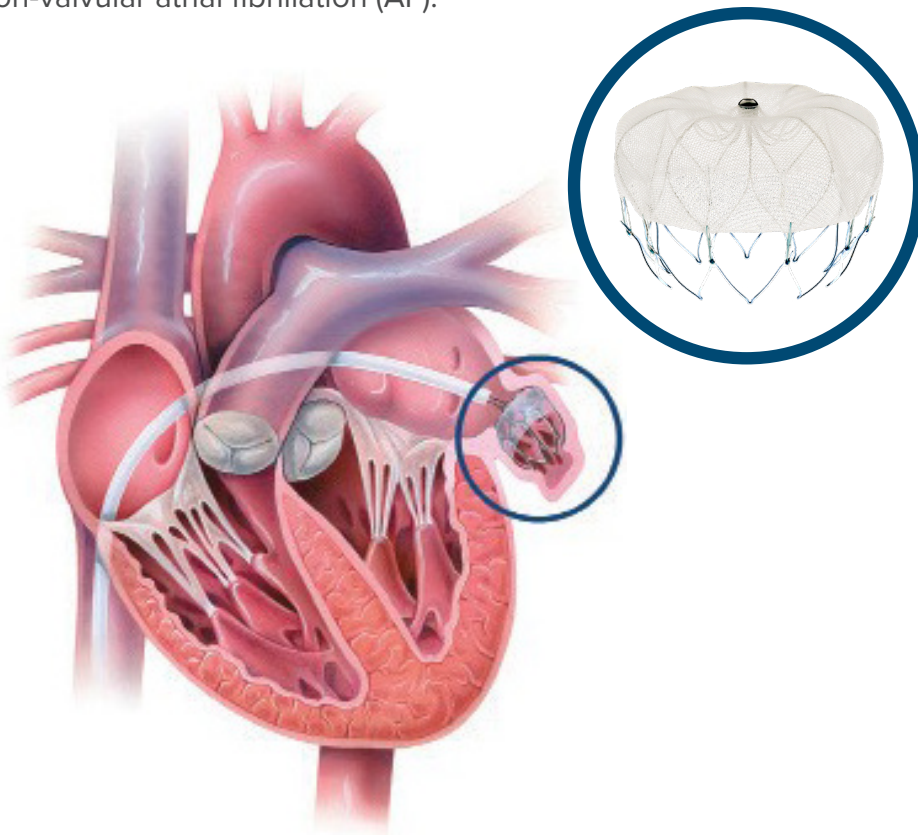


# WATCHMAN™ Procedure

## Left Atrial Appendage Closure Device

### Reducing Stroke Risk in Patients with Atrial Fibrillation

The new WATCHMAN™ Left Atrial Appendage Closure Device is a first-of-its-kind alternative to long-term warfarin therapy. WATCHMAN™ has proven to reduce stroke risk in patients with non-valvular atrial fibrillation (AF).



Patients with non-valvular atrial fibrillation who are at increased risk for stroke and systemic embolism are suitable for warfarin. If you are waiting for a non-pharmacologic alternative to warfarin, you may be eligible for a WATCHMAN™ Device.

The WATCHMAN™ device is intended for closing the left atrial appendage (LAA), which is a thin, sack-like appendix arising from the left side of the heart. The LAA is believed to be the source of a majority of stroke-causing blood clots in people with non-valvular AF.<sup>1</sup>

By closing off the LAA, the risk of stroke may be reduced, and, over time, you may be able to stop taking warfarin in the future.

### What is AF?

Non-valvular atrial fibrillation (AF) is an irregular heartbeat that can lead to blood clots, stroke, heart failure and other heart-related complications. AF is the most common cardiac arrhythmia, currently affecting more than five million Americans.<sup>2</sup>

### Fulfilling a Need

Patients with AF have a five-fold increased risk of stroke due to blood stagnating from the improperly beating atrium and the resulting blood clot formation.<sup>3</sup> Stroke is more severe for patients with AF, as they have a 70% chance of death or permanent disability.<sup>3</sup>

The most common treatment for stroke risk reduction in patients with AF is blood-thinning warfarin therapy. Despite its proven efficacy, long-term warfarin therapy is not well-tolerated by some patients and carries a significant risk for bleeding complications. Nearly half of patients eligible for warfarin are currently untreated due to tolerance and adherence issues.<sup>4</sup>

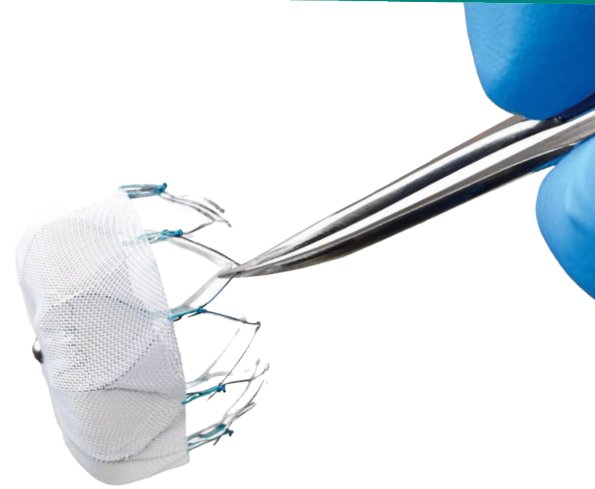
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### Clinical Study Results

The WATCHMAN™ Device can be implanted safely<sup>5</sup>, enables patients to discontinue warfarin<sup>6</sup> and reduces AF stroke risk comparably to warfarin.<sup>7</sup> In addition, the WATCHMAN™ device has demonstrated **superior reductions** in hemorrhagic stroke, disabling stroke and cardiovascular death compared to warfarin over long-term follow-up:<sup>8</sup>

- 85% in Hemorrhagic Stroke
- 63% in Disabling Stroke
- 56% in Cardiovascular Death



### Implant Procedure

Implanting the WATCHMAN™ device is a **one-time procedure** that usually lasts about 1-3 hours and is typically done with general anesthesia.

The WATCHMAN™ device is implanted using a catheter. The device is designed to permanently close off the LAA, believed to be the source of a majority of stroke-causing blood clots.<sup>1</sup> Once the LAA is closed blood clots have less chance of moving to the brain.

Following the procedure, patients typically need to stay in the hospital for **24 hours**.



**A COMMUNITY OF CARING**

(1) Blackshear J. and Odell J., Annals of Thoracic Surgery. 1996;61:755-759. (2) Colilla et al., Am J Cardiol. 2013; 112:1142-1147. (3) Holmes DR, Seminars in Neurology 2010; 30:528–536. (4) Waldo, AL. JACC 2005; 46:1729-1736. (5) PROTECT AF, CAP, PREVAIL and CAP2. (6) PROTECT AF, CAP, PREVAIL. (7) PROTECT AF. (8) PROTECT AF. Relative risk reductions in hemorrhagic stroke and CV death at 5 yrs, disabling stroke at 4 yrs

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